



biàn shí zhēn yán

**變食真言** ◦ *The Mantra for Transforming Food*

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Nan Mo Sa Wa Dan Ta Ye Duo Wa Lu Zhi Di Om  
南摩薩縛怛他夜哆。縛嚕枳帝。唵。

San Bo La San Bo La Hom  
三跋囉。三跋囉。吽。〈三遍 / 3 times〉

gān lù shuǐ zhēn yán

**甘露水真言** ◦ *The Mantra for Sprinkling Sweet Dew*

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Nan Mo Su Lu Po Ye Dan Ta Ye Duo Ye Dan Zhi Ta  
南無蘇嚕婆耶。怛他耶多耶。怛姪他。

Om Su Lu Su Lu Bo La Su Lu Bo La Su Lu  
唵。蘇嚕蘇嚕。鉢囉蘇嚕。鉢囉蘇嚕。

Sa Po He  
娑婆訶。〈三遍 / 3 times〉

pǔ gōng yǎng zhēn yán

**普供養真言** ◦ *The Mantra for Universal Offering*

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Om Ye Ye Nang San Po Wa Fa Ri La Hum  
唵。耶耶曩。三婆縛。伐日囉斛。〈三遍 / 3 times〉

yuán chén zàn

元辰讚 ◦ Ausapicious Star Praise

▷ | | ○ | | ⊙ | | ○ | | ○ | | ○ | | ○ | | ○ | | ○ | | ○ | |  
 fó guāng zhù zhào běn mìng yuán chén zāi xīng tuì dù  
 佛 光 注 照 ◦ 本 命 元 辰 ◦ 災 星 退 度

○ | ○ | | ⊙ | ○ | | ○ | ○ | ○ | ○ | | ○ | | ○ | | ○ | ○ | | ⊙ | ○ | | ○ |  
 fù xīng lín jiǔ yào bǎo cháng shēng  
 福 星 臨 ◦ 九 曜 保 長 生 ◦

○ | ○ | ○ | | ○ | | ○ | | ⊙ | | ○ | ○ | ○ |  
 yùn xiàn hé píng fú shòu yǒng kāng níng  
 運 限 和 平 ◦ 福 壽 永 康 寧 ◦

Let the Buddha's Light shine upon my star of birth. The star of misfortune fades; the star of fortune shines. May the Nine Luminaries grant me longevity, peace, good fortune and continual health.

迴向偈 ◦ Merit Dedication Verse

▷ | | ○ | | ○ | ○ | ○ | | ○ | | ○ | | ○ | | ○ | | ○ | | ○ | |  
 yuàn xiāo sān zhàng zhū fán nǎo yuàn de zhì huì zhēn míng le  
 願 消 三 障 諸 煩 惱 ◦ 願 得 智 慧 真 明 了 ◦

○ | | ○ | | ○ | ○ | ○ | | ○ | | ○ | | ○ | | ○ | | ○ | | ○ | |  
 pǔ yuàn zuì zhàng xī xiāo chú shì shì cháng xíng pú sà dào  
 普 願 罪 障 悉 消 除 ◦ 世 世 常 行 菩 薩 道 ◦

I pray for the eradication of the three karmas and all afflictions. I pray for the attainment of wisdom and true understanding. May all of our negative karma be eradicated. May we always walk on the Bodhisattva Path.